

FOLIAR TREATMENT WITH PROLINE AND TYROSINE AFFECT THE GROWTH AND YIELD OF BEETROOT AND SOME PIGMENTS IN BEETROOT LEAVES

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ABSTRACT

There is interest in increasing the yield and pigment content of beetroot and red beet since conventional agronomic practices or breeding efforts have not produced satisfactory results. Using a local cultivar of red beet (*Beta vulgaris* L. subsp. *cicla*) as the model plant, pot experiments were established to determine the effects of proline and tyrosine (used as plant growth regulators and for synthesis of beetroot pigments) on growth and yield and pigment (carotenoids and chlorophyll) levels in leaves. Proline or tyrosine at 100 and 200 mg·L⁻¹ increased plant height, number of leaves, fresh and dry weight of leaves and roots, root/shoot ratio, and root diameter and length while a higher concentration (400 mg·L⁻¹) increased some parameters but decreased others. Any proline concentration resulted in more leaf carotenoids and chlorophyll and higher carbohydrate content in leaves and roots than the controls, and tyrosine was more effective than proline. Tyrosine and proline proved to be successful agents in improving growth and yield characters of beet plants, especially at 100 mg·L⁻¹ and 200 mg·L⁻¹. Beetroot growers can effectively use these two amino acids as a foliar application to increase yield for edible purposes and to increase pigments for extraction for use in coloring and medicinal industries.

Key words: *Beta vulgaris*, chlorophylls, carotenoids, proline, tyrosine, vegetative growth, yield

INTRODUCTION

Beta vulgaris L. subsp. *conditiva* (Chenopodiaceae) roots contain significant amounts of antioxidants (Wettasinghe et al. 2002) while the leaves of subsp. *cicla* are an excellent source of vitamin A and are also high in folate, soluble and insoluble dietary fibre and antioxidants (Zielińska-Przyjemska et al. 2009). Beetroot owes its color to a variety of betalain pigments, including betanin, obetanin, probetanin and neobetanin (red to violet pigments are collectively known as betacyanin). Other pigments found in it are indicaxanthin and vulgaxanthins (yellow to orange pigments known as betaxanthins) (Eastwood & Nyhlin 1995).

According to Hess (1981), proline and tyrosine are the starting materials for the synthesis of beetroot pigments, betacyanins and betaxanthins.

Amino acids have been shown to improve growth and yield of plants: 11.51 mg·L⁻¹ proline on *Zea mays* L. (Hamed & El-Wakeel 1994), 25 mg·L⁻¹ alanine or tyrosine on peppermint (*Mentha piperita*) (Refaat & Naguib 1998) and 100, 200 or 400 mg·L⁻¹ ornithine and phenylalanine (Phe) on *Datura innoxia* Mill. (Habba 2003). Gamal El-Din & Abd El-Wahed (2005) showed that a foliar application of 50 mg·L⁻¹ ornithine and 100 mg·L⁻¹ proline or Phe increased plant height, number of branches, fresh and dry weights of aerial vegetative parts and flower head of chamomile (*Matricaria chamomilla* L. Rausch). Shukry et al. (2008) reported that asparagine and glutamine benefited *Phaseolus vulgaris* (L.) grain yield and vegetative characters. Foliar application of glutamine at 100-200 mg·L⁻¹ significantly increased plant height, number of leaves, fresh weight of leaves, fresh and dry weight, leaf

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area, bulb length, bulb diameter and weight, as well as yield of onion and quality of bulbs (Amin et al. 2011).

Bálványos et al. (2002) reported that addition of $66 \text{ mg} \cdot \text{L}^{-1}$ (10^{-4} M) Phe maximized growth and alkaloid (lobeline) production of hairy root cultures of *Lobelia inflata* L. A foliar application of Phe at $250 \text{ mg} \cdot \text{L}^{-1}$ increased plant height, number of branches, stem diameter, dry weight of shoots, fresh and dry weight of fruits, photosynthetic pigments and capsaicin and dihydrocapsaicin content of pepper (*Capsicum annum* L.) (Rashad et al. 2002).

This study was undertaken to evaluate the effects of proline and tyrosine, assess their ability to stimulate vegetative growth and yield, and quantify the increase in chlorophylls and carotenes in beet-root leaves.

MATERIALS AND METHODS

A pot experiment was conducted during two consecutive seasons (2006/2007; 2007/2008) in the greenhouse of the Botany Department, National Research Center, Cairo, Egypt, to study effects of foliar application of proline and tyrosine on growth, yield and production of chlorophylls and carotenoids in a local cultivar of *B. vulgaris* subsp. *cicla* leaves. Beet seeds were sown in plastic pots of 30 cm diameter filled with about 10 kg substrate containing loam, sand and silt (1:1:1, v/v) on 15 October in both seasons. Seedlings were thinned to one seedling per pot. Fertilization of plants was done with 4 g calcium superphosphate, 4 g calcium nitrate and 2 g potassium sulphate per plant, applied in a split manner at 21 and 35 days after sowing. Plants were treated with a 20 mL per plant foliar application of freshly prepared aqueous solution of the amino acids proline or tyrosine (Sigma-Aldrich, St. Louis, MO) at 0, 100, 200 or $400 \text{ mg} \cdot \text{L}^{-1}$, thrice. The first application was at 30 days after sowing and the second and third applications at 45 and 60 days after sowing using a hand-held sprayer to completely cover the plant foliage. All treatments were replicated three times (six plants per replicate) and arranged in a completely randomized design. At the full vegetative stage (75 days old), plants were harvested to determine plant height (above-ground

level), number of leaves, fresh and dry weights of leaves and roots, root/shoot ratio and root diameter and length. Contents of chlorophyll (chl) *a*, chl *b*, total chl (*a* + *b*) and that of total carotenoids were determined spectrophotometrically in fresh leaf samples according to Saric et al. (1967). Total carbohydrate content in dried leaves and roots were determined according to Dubois et al. (1956) as follows. Dry samples (20 mg) were placed in a test tube and extracted in a boiling water bath successively with 10 and 5 mL of NaOH. After 10 min, 5 mL of distilled water was added to the extracted protein content. The residue was washed with water and extracted twice at room temperature for 30 min with 10 mL of 57% H_2SO_4 . Samples were diluted and filtered to eliminate cell particles. Then 1 mL of 5% phenol reagent was added to 1 mL of filtered and diluted sample, and 5 mL of concentrated H_2SO_4 was added. The mix was left to stand for 30 min at room temperature. The resulting color was measured at 490 nm using a spectrophotometer against a reagent blank and total carbohydrates were calculated using a standard curve of glucose using 18 replicates per treatment.

Data for the two seasons were combined due to lack of significant differences between them. Least significant differences were calculated according to Snedecor and Cochran (1982). Data were analysed by one-way ANOVA and means separated with Duncan's multiple range test.

RESULTS

Growth and yield characters

Treatment with proline at 100 and $200 \text{ mg} \cdot \text{L}^{-1}$ improved plant height, number of leaves, fresh and dry weight of leaves and roots, root/shoot ratio and root diameter and length (Table 1). Fresh weight of roots increased by 54 and 22% over controls when proline was applied at 100 and $200 \text{ mg} \cdot \text{L}^{-1}$, respectively. Number and fresh weight of leaves decreased at $400 \text{ mg} \cdot \text{L}^{-1}$. Tyrosine was more effective than proline in increasing vegetative growth of plants, especially at $100 \text{ mg} \cdot \text{L}^{-1}$. Tyrosine at $100 \text{ mg} \cdot \text{L}^{-1}$ produced the tallest plants with the greatest number of leaves, heaviest fresh and dry weights of leaves and roots, and roots with the highest diameter and length (Table 1).

Table 1. Effect of proline and tyrosine concentrations on growth and yield characters of beet plant. Combined analysis of two seasons ($n = 18$)

Amino acid concentration (mg·L ⁻¹)	Growth and yield characters								
	PH ^b	LN	LFW	LDW	RFW	RDW	R/S	RD	RL
Control ^a	21.83	9.77	30.66	3.77	85.35	11.30	2.59	4.83	5.34
Proline 100	25.07*	12.68*	47.03*	6.54*	131.02*	18.92*	2.78*	6.80*	6.62*
Proline 200	23.31*	11.57*	36.71*	5.37*	104.13*	14.99*	2.78*	6.25*	5.82*
Proline 400	22.49*	9.16	29.06	4.20*	83.55	12.80*	2.88*	5.53	5.65
Tyrosine 100	27.13*	13.10*	49.22*	7.37*	134.62*	21.97*	2.72*	7.08*	6.56*
Tyrosine 200	24.47*	11.38*	40.23*	5.75*	122.33*	17.96*	3.06*	6.72*	6.32*
Tyrosine 400	23.06*	9.97	32.06*	4.63*	87.62	13.26*	2.74*	5.39	6.19*

* Significantly different from control at $P \leq 0.05$, DMRT^a Control = no amino acid application^b PH = plant height (cm), LN = leaf number, LFW = leaf fresh weight (g·plant⁻¹), LDW = leaf dry weight (g·plant⁻¹), RFW = root fresh weight (g·plant⁻¹), RDW = root dry weight (g·plant⁻¹), R/S = ratio of root/shoot fresh weight, RD = root diameter (cm), RL = root length (cm)Table 2. Effect of proline and tyrosine concentration on leaf pigments (relative ratio) and carbohydrate percentage in beetroot. Combined analysis of two seasons ($n = 18$)

Amino acid concentration (mg·L ⁻¹)	Leaf pigments				Carbohydrates (%)	
	Chl <i>a</i> ^b	Chl <i>b</i>	TChl	Carotenoids	LC	RC
Control	0.42	0.17	0.59	0.41	16.20	28.40
Proline 100	0.52*	0.21*	0.72*	0.50*	19.90*	36.20*
Proline 200	0.48*	0.19*	0.67*	0.46*	17.80	32.10*
Proline 400	0.45*	0.17	0.62*	0.41	16.90	30.20*
Tyrosine 100	0.54*	0.20*	0.74*	0.50*	20.40*	35.50*
Tyrosine 200	0.51*	0.18	0.68*	0.48*	19.30*	33.40*
Tyrosine 400	0.47	0.18	0.65*	0.45*	17.20	31.20*

* Significantly different from control at $P \leq 0.05$, DMRT^a Control = no amino acid application^b Chl *a* = chlorophyll *a*, Chl *b* = chlorophyll *b*, TChl = total chlorophylls ($a + b$), carotenoids = total carotenoids, LC = leaf carbohydrates (%), RC = root carbohydrates (%). Pigment content assessed from fresh matter; carbohydrate content based on dry matter

Leaf pigments and carbohydrate content

Plants treated with proline and tyrosine contained more leaf pigments (chl *a* and *b*, total chl and carotenoids), except for proline at 400 mg·L⁻¹ and higher carbohydrate content in roots than the control (Table 2).

DISCUSSION

In arid and semi-arid countries such as Egypt there is a need to increase yields of important horticultural crops without use of excessive fertilization. Use of amino acids and cheap and biodegradable chemicals as foliar applications has been shown to

been shown to increase yield and agronomic performance of several crops, as exemplified next. In beet, use of tyrosine and proline could be effectively employed to increase yield and pigment production. Proline at different concentrations has been shown to simulate growth and yield of *Nicotiana rustica* L. (Darwish & Reda 1975), cotton *Gossypium barbadense* (Heikal & Shaddad 1982), corn *Zea mays* L. (Hamed & Al-Wakeel 1994), tomato *Solanum lycopersicum* L. (Abd El-Latif 1995; Ragab et al. 2001), *Matricaria chamomilla* L. Rausch (Gamal El-Din & Abd El-Wahed 2005), and *Urtica pilulifera* (L.) (Wahba et al. 2007). This is likely due to the N-content of these amino acids, even though their metabolic functions are different. Even at high concentrations of either amino acid ($400 \text{ mg} \cdot \text{L}^{-1}$), no growth parameters were suppressed (Table 1).

Proline plays a regulatory role in activity and function of the enzymes catalase, peroxidase and polyphenol oxidase in plant cells and in their participation in development of metabolic responses to environmental factors (Öztürk & Demir 2002). The proposed functions of accumulated proline are osmoregulation, maintenance of membrane and protein stability, growth, seed germination while carbon and nitrogen serve as an energy store (Hare et al. 2003). Refaat & Naguib (1998) and Wahba et al. (2007) reported a positive effect on *U. pilulifera* growth and yield parameters following tyrosine application. L-Tyrosine, an aromatic amino acid, is not only used for the synthesis of proteins, but also serves as an important precursor for natural products, including pigments, alkaloids, and hormones (Maeda & Dudareva 2012). Refaat & Naguib (1998) added that application of tyrosine increased total carbohydrate content of peppermint (*Mentha piperita* L.) leaves. A mixture of amino acid fertilizers improved grain yield of common wheat (*Triticum aestivum* L.) (Dromantienė et al. 2013). Ali & Hassan (2013) also found that the application of a mixture of amino acids could improve several yield-related properties and pigment content of *Tagetes erecta*.

Proline and tyrosine applied as plant growth regulators on leaves increase growth parameters and beetroot leaf pigments - carotenoids and chlorophylls. This can be used in practice as a simple but effective

way to increase yield and improve the agronomic quality of this vegetable. It remains to be studied whether such treatments would also increase the betacyanin content.

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